STRATEGIC OUTCOME 4	**CREATING A GOOD FOOD POLICY CONTEXT FOR POWYS**
ACTIVITY	**HEALTHY WEIGHT HEALTHY WALES**
KEY PARTNERS	**POWYS TEACHING HEALTH BOARD AND PUBLIC SERVICES BOARD**

'Healthy Weight: Healthy Wales' is the Welsh Government's long term strategy to prevent and reduce obesity in Wales. The Strategy is set out across four themes:

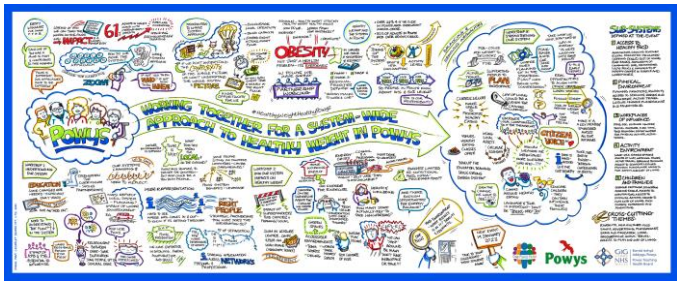
- Healthy Environments
- Healthy Settings
- Healthy People
- Leadership & Enabling Change

Powys Teaching Health Board lead on the delivery of this strategy in Powys. Bywd Powys Food was invited to sit on the steering group in 2023.

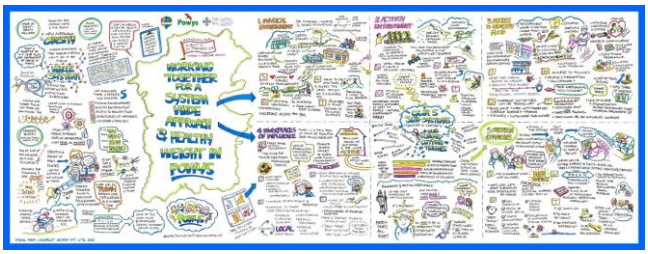
The Health Board carried out stakeholder events in October 2022 and January 2023, and subsequently later in 2023. The mapping identified four key priorities, the two most relent to Bywd Powys Food being:

'Cooking skills'
'Children, families and access to affordable, healthy food'
This was later amended to a single, more focused priority sub-system: **children (aged 0-5), families and access to healthy food**

BWYD POWYS FOOD



Visual minutes stakeholder forum October 2022



Visual minutes stakeholder forum January 2023

OUTPUTS

150+ people contributed to the community stakeholder sessions
Working groups set up to lead on the delivery of the four priority areas

OUTCOMES

'Healthy Weight: Healthy Wales' is a long-term strategy aiming to help people: Start Well, Live Well, Age Well. Currently 50% of adults in Powys are overweight or obese. This strategy aims to help people lose weight